NEWSLETTER JAN-MAR 2021



APRIL 2021 NEWSLETTER



Announcement

India is now unwinding from COVID-19 and Bhagwan Mahavir University started the class room teaching and practical performance with limited number of students. All the class rooms and laboratories of BMU is sanitized every day as a safety measures of students and employees of BMU.

Special In This Issue

COLLABORATION WITH RFRF

Bhagwan Mahavir University signed MOU with Research For Resurgence Foundation (RFRF) on 9th January 2021 to contribute in making Bharat a self reliant nation

COLLABORATION WITH ASPEUS

Bhagwan Mahavir University signed MoU with Accupressure Shodh Prashikshan Evam Upchar Sansthan (ASPEUS) on 19th January 2021.

Bhagwan Mahavir University Newsletter



Admission and Academic Excellence in BMU

With the fight against COVID-19, Bhagwan Mahavir University continued the flow of education and knowledge through online teaching and webinars. We have the achievement in delivery of perpetual learning through online lectures. Online admissions are going on in full swing and online examinations have also been conducted during these months. More than four thousands students has been enrolled for admission in Bhagwan Mahavir

University for academic year 2020-21. University started SSIP Cell in association with i-Hub (Gujarat Students Startup and Innovation Hub).

Gate Preparation Classes

by BMU



Bhagwan Mahavir University in collaboration with Beacon IAS took GATE Preparation Classes for the students of Computer Science, Electrical Engineering, Mechanical Engineering and Civil Engineering from 4th January 2021.

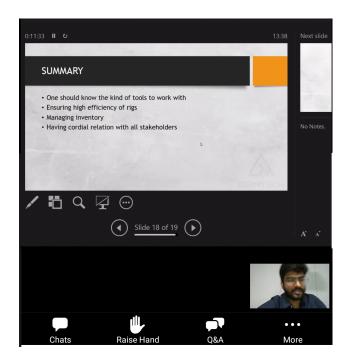
Webinar on "Construction of pile foundation"

by CIVIL DEPT, BMP

Civil Department was organized expert lecture on "Construction of pile foundation". It was conducted by Shri Abhishek Agarwal, Executive Director and Shri Gaurav Goel, DGM, Grimtech Projects India Pvt. Ltd. on 8th January 2021 with 70 students. Key highlights of webinar were:

- ™ What is pile foundation?
- How to approach piling project?
- What sort and quantity of tools and equipment should be mobilized?

- Process of piling
- ™ On site management
- Resource management
- □ Tracking centrally



Collaboration with Research For Resurgence Foundation (RFRF)

by BMU

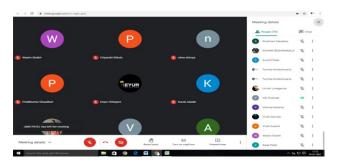


When the whole country is very optimistic about NEP-2020, the responsibility of higher education institutions becomes more significant. Bhagwan Mahavir University proudly announces MoU signed with Research For

Resurgence Foundation (RFRF) on 9th January 2021 to contribute in making Bharat a self reliant nation.

Webinar on "C-Language"

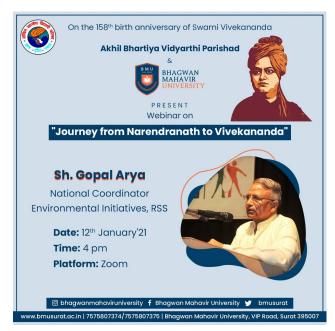
by Computer Dept, BMCET



A webinar on "C Language" was organized by Computer department on 19th January, 2021 by guest speaker Mr. Vikas Gokhale. The webinar was organised on Google meet platform between 11 to 12.30 pm. He discussed about Algorithm, Flowchart, Pseudo code, Flowchart Symbols, Data types with practical sessions.

Webinar on "Journey from Narendranath to Vivekanand"

by BMU



As we mark the 158th anniversary of Shri Swami Vivekanand, Akhil Bhartiya Vidyarthi Parishad and Bhagwan Mahavir University present Webinar on "Journey from Naredranath to Vivekananda" by Sh. Gopal Arya, National Coordinator, Environmental Initiative, RSS on 12th January 2021.



Webinar on "Vivekanand: Success Mantras in Life"

often be solved immediately by the Vedic method. Vedic Mathematics is a collection of techniques or sutras to solve mathematical arithmetics in easy and faster way. It consists of 16 sutras (Formulae) and 13 sub-sutras which can be used for problems involved in arithmetic, algebra, geometry, calculus, conics. Bhagwan Mahavir Polytechnic College in association with JKMS institute, presented webinar on Vedic Mathematics. Ms. Komal Asarani, Shri. V. Unakalkar, Shri. Maruti J. K. Sharma and Shri. Vishwanath from JKMS Institute were the speakers of webinar. Webinar was very well coordinated by Dr. Janki Vashi, Head of Humanity and Social Science, Bhagwan Mahavir Polytechnic.

In the Vedic system, difficult problems or huge sums can

Collaboration with Accupressure Shodh Prashikshan Evam Upchar Sansthan (ASPEUS)

by BMU

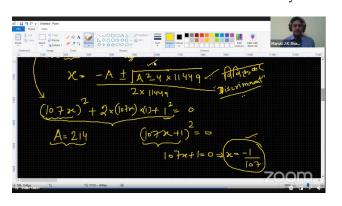


As a celebration of Youth Day Celebration, Bhagwan Mahavir University organized webinar on "Vivekanand: Success Mantras in Life" with Bharat Vikas Parishad on 12th January 2021. The event was started with lighting the lamp. Welcome address was given by Shri Prem Sharda, President Bharat Vikas Parishad, Surat and Dr. Sanjay Jain, President Bhagwan Mahavir University. Chief guest of the event was Shri Dinesh Navadia, President SGCCI and Guest of honour was Shri Girish Luthra, Business leader. The keynote speaker of the event was Shri Kaivalya Smart, spiritual leader. At last, Dr. Nirmal Sharma, Provost Bhagwan Mahavir University gave the concluding remarks of the event.

Webinar on "Vedic Mathematics"

by BMU

by BMU





Bhagwan Mahavir University signed MoU with Accupressure Shodh Prashikshan Evam Upchar Sansthan (ASPEUS) on 19th January 2021. BMU is in the process of training staff and students for building an empowered community where at least one member of each family is trained in basic acupressure therapy so that the person is capable of looking after the health needs of people around.

PHARMACIST REFRESHER COURSE

by BMCP



Bhagwan Mahavir College of Pharmacy, Surat had organized a refresher course for pharmacists on 23rd and 24th January, 2021. The course was sponsored by Gujarat State Pharmacy Council, Ahmedabad. The event was inaugurated at 10:30 am in the presence of the chief guests and dignitaries of BMU. The inauguration function started with introduction and welcome of guests by Dr. Vineet C. Jain, Principal of Bhagwan Mahavir College of Pharmacy, Surat. In the beginning of event, Dr. Nirmal Sharma, provost, BMU gave a brief introduction of University. Further our Chief guest Mr. J.H. Chaudhari, Registar & Executive member of GSPC Committee, delivered speech on the pharmacist importance. Finally, Mr. Naishadh Solanki concluded the inauguration with vote of thanks. Dr. Sourabh kosey, Associate Professor ISF college of Pharmacy, Moga, Pujab and Pharm. Nipul Kapadia, deputy general manager & head pharmacy services, Apollo Hospital was invited as the chief guest. Dr. Sourabh kosey delivered a lecture on Safe Disposal of unused and Expired Medicines. Second lecture was delivered by Pharm. Nipul Kapadia on Hospital and Retail Pharmacy. After lunch the third lecture of day was delivered by Dr. J. K. Patel, Prof. and Principal of Nootan Pharmacy College on Patient Counselling. The fourth lecture of day was delivered by Mrs. Sweta Desai, Assistant Professor, Bhagwan Mahavir College of Pharmacy, Surat on Self Medication and it's Demerits. She discussed about different medication errors with examples.



On 2nd day the morning session started with a lecture by Dr. Devesh Kapoor, Lecturer of Dr. Dayaram Patel College of Pharmacy, Bardoli on Role of Computer

in Pharmaceutical Management. He discussed about different medication software uses with examples. The second lecture of the day was delivered by Dr. Anand Deshmukh, Associate Professor of Shri Dhanvantary College of Pharmacy on assessment of bioequivalence for topic products. The third lecture of the day was delivered by Dr. Dixit Modi, Associate Professor of N. L. Patel College of Pharmacy on Pharmacy Practice Regulation - 2015. Objective test was conducted at 2:30 pm. On valedictory function, Welcome address was given by Dr. Vineet C. Jain, Principal Bhagwan Mahavir College of Pharmacy. Shri Montu Patel, Sr President or GSPC presided the function as Chief Guest. Finally, Ms. Priyanka Chaudhari concluded the course with vote of thanks. GSPC Refresher course E-certificate were distributed to all the participants through mail.



Celebration of Republic Day

by BMU



Bhagwan Mahavir University witnessed the celebration of the 72nd Republic Day on the 26th January, 2021. Limited number of Students, Staff and Faculty members

filled with a feeling of patriotism and dedication gathered in open ground of BMU. The celebration started with the unfurling of the National Flag by the chief guest Shri A.K. Khandelwal. In his speech, the director highlighted the importance of the constitution and its unique features such as Sovereign, Socialist, Secular, Democratic and Republic enshrined in the preamble of the constitution. He also tribute to the corona warrior for their selfless dedication toward nation and society. The speech was followed by the cultural program performed by University students students. The program ended with the message to create a great nation through collective efforts from all individual. Refreshment and Sweets were distributed among all the guests and students.

Orientation of Students

by Aeronautical Dept., BAIT



The Orientation program for newly admitted students of bachelor of engineering was organized by Bhagwan Mahavir College of Engineering & Technology on 2nd February 2021 with all safety precautions of covid-19 pandemic. In this program Dr. Vineet Goel (Director of BMCET), all HODs, faculties and senior students were present. Dr. Vineet Goel has ensured students to provide best quality education during their graduation which includes academics, practical knowledge, industrial visit, extra curriculum activities. At the end of programme all students were given pen and kit of all necessary documents as a welcome of our fresher.

Acupressure awareness

by BMCBAS





Acupressure awareness was conducted for UG and PG students of Bhagwan Mahavir College of Basic & Applied Science on 4th and 8th February, 2021. Approximately 100 students had participated. Acupressure is a form of medicine that applies pressure to key healing points on the body, stimulating a person's self healing abilities and encouraging energy flow. These sessions helped students to learn specific acupressure techniques through handson practice. Acupressure therapists gave training to use finger pressure, magnet and colour and in the above awareness program. Acupressure specialists conducted the session practically as well using various methods of acupressure.

Inaugural Ceremony of "Society of Aviation Volunteer (SAV Surat)"

by AERONAUTICAL DEPT., BAIT



SAV is a club, originated by students of Aeronautical engineering department to gain and spread knowledge about Aeronautical (Aviation) branch. SAV will organize events/activities like seminars, workshops, quiz competition, project and model preparation, group discussion, interaction with industry personnel, industrial tour etc. in future. On 26th February the inaugural ceremony of the Society of Aviation Volunteer (SAV Surat) commenced with the welcome of the chief

guest Dr. Nirmal Sharma, Provost, Bhagwan Mahavir University. He was overwhelmed while launching SAV group. He said that it felt like he was launching rocket. He promised to support SAV group with his experience and skills. He also motivated all students present in ceremony for their future. Further, presentation on History of flight was presented by co-ordinators Adarsh Tiwari, Awanish Gautam, Sumit Pandey and Parmit Singh Sandhu. Quiz competition was conducted by co-ordinators Poonam Yadav, Vishal Dubey, Jay kataria, Purav Galani, Sajan Sinde, Kishan Chotala and Mayur Ladumore.



InHouse Event 2021

by Cultural Committee, BMU



The Inhouse event -"AD-MAD" was organised by Bhagwan Arihat Institute of Technology on 2nd March 2021 as a part of Cultural feast. The event was led and executed successfully. Winner of the event was from Bhagwan Mahavir College of computer application.

Workshop on "Energy Conservation Awareness"

by Electrical Engg., MSCET



Gujarat Energy Development Agency (GEDA) has organized and sponsored one day online workshop on "Energy Conservation Awareness" workshop on 9th March 2021 at Electrical Engineering Department of Mahavir Swami College of Engineering & Technology, Surat. Workshop was conducted by Mr. R.M. Panchal from Global Energy Consultancy services and Mr. S. K. Nayak. Topics covered in workshop like Energy Scenario in India, Energy conservation in different areas like Pumps, Motors, Lighting etc., Energy audit and also displayed some equipment used in energy audit. The workshop was online on Microsoft Teams platform. The workshop was interactive, interesting, informative and full of knowledge. The students learnt a lot and response was excellent. Total 82 Students and some faculties of Electrical, Mechanical, Automobile and Civil Engineering Department took the advantage of said program and got participant certificates.

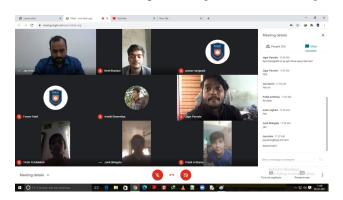


Webinar on AngularJS

by Computer Engg., MSCET



Computer Department of Mahavir Swami College of Engineering & Technology organized one day webinar on "Angular JS" on 9th March, 2021. Webinar was conducted by Mr. Jay Amin, Sr. Software Trainer from Tops Technology. The content of webinar was - Introduction to Angular, Angular Versions & Angular Architecture, Development Environment, Installing Project Dependencies & Modules, Components and Directives, Typescript vs. JavaScript, Data Binding with Html controls, Template Integration and Routing.



SSIP COLLEGE LEVEL PROJECT SCREENING

by SSIP COMMITTEE, BMP



Bhagwan Mahavir Polytechnic organized pre-level SSIP college level project screening on 10th March 2021. It

was conducted by Dr. Jay Joshi, Principal of Bhagwan Mahavir Polytechnic. Mr.Dharmil, Mr.Narendra, Mrs. Ankita Patel, Mr. Kavindra with number of group is 5 students presented their project. Dr. Jay Joshi with the expert committee members of other colleges reviewed the projects and gave expert guidance.



Webinar on "Android Technology"

by Computer & IT Dept., BMP



IT & Computer Department was organized webinar on "Android Technology". It was conducted by Mr. Ankit Sodha from TOPS Technology on 23rd March, 2021 with 53 students of 2nd year. Key highlights of webinar were:

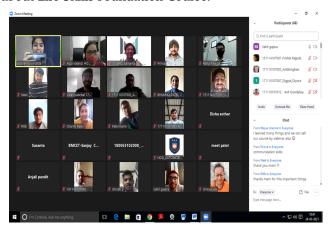
- What is android?
- ™ Android evolution.
- Android ecosystem.
- How to run android program?

Webinar on "Android Technology"

by Computer & IT Dept., BMP



Life skills webinar was organized by Joydeep Samanta(Founder of Vivdista) for the final year engineering students on 24th March 2021, who have limited time before taking a leap into their next stage of the career. Session was covered by Demo Session,Ice breaking Session, Mock Interview Session and details about Life Skills Foundation Course.



Student Achievement

by BMU



A students of Bhagwan Mahavir College of Basic and Applied Science, Mr. Gowda Megha, Mr. Dhimmar Madalsa, Ms Dinky Patel, Ms Jain Shivani has presented their paper on "Isolation, Screening, Quantification and optimization of Acid Phosphatase Enzyme".Mr. Nishant Savaliya, Ms. Sneha Vasoya, Ms. Pooja Mishra had presented their paper on "Single step DNA extraction from Prokaryotes and Eukaryotes". Ms. Rucha Vyas, Ms. Mansi Vaghela and Ms. Rukhsar Fatima Chaudhary had presented their papers on "Isolation, Screening & Production of Amylase by microorganisms isolated from Agriculture soil", "Phytochemical analysis

of variousleaves of piper betle, adhatodavasica, memordicacharantia, lawsoniainermis and evaluation of antibimcrobial activity against human pathogen", and "Estimation Of Protein From Ocimum Sanctum By Bradford Method" respectively, in Two Days International Conference proceeding in life science (organized by: International Journal of Microbial Science IJMS) held on 1st March to 2nd March 2021.



Under Scheme of Rastriya Prakalp Yuva Nirman, Surat Jagruti Shakha organized three days Robot making workshop on 5th February 2021 - 7th February 2021. Student of Mahavir Swami College of Engineering, Ms. Muskan Agarwal conducted the workshop. She was honoured by Yuva Nirman organization.



GirlScript, Surat has organized start up talk in which Ms. Muskan Agarwal was guest.Ms. Muskan is an aspiring students of computer engineer dept, Mahavir Swami College of Engineering with a flair for robotics. She enjoyed teaching and mentioning students. Talk was organized on Google Meet platform on 13th March, 2021



Faculty Achievement

by BMU

Research article contribution was made by Principle of Bhagwan Mahavir College of Basic & Applied Science, Dr. Sumita Dasgupta entitled "Effect Of Cooking On Total Phenol, Total Flavonoid DPPH Free Radical Scavenging Assay And Total Antioxidant Capacity Of Some Green Leafy Vegetables Commonly Consumed In India" in Indian Journal Of Applied Research.

Faculty of Bhagwan Mahavir College of Basic and Applied Science Dr. Murtaza Hajoori has presented paper on "Single step DNA extraction from Prokaryotes and Eukaryotes" in Two Days International Conference proceeding in life science (organized by: International Journal of Microbial Science IJMS) held on 1st March to 2nd March 2021.

Original Research Paper

| Wolume - 11 | Issue - 43 | March - 2921 | PRINT ISSN No. 2249 - 555N | DOI : 10.361660]
| Botany

| EFFECT OF COOKING ON TOTAL PHENOL., TOTAL FLAVONOID, DPPH FREE RADICAL SCAVENGING ASSAY AND TOTALANTIOXIDANT CAPACITY OF SOME GREEN LEAFTY YEGETABLES COMMONLY CONSUMED IN INDIA.

Sumita Dasgupta

Nirali Patel

Biotechnology Department, Bhagwan Mahavir College of Science and Technology, New City Light Road, Vesu- Bharthana, Surat- 395017,Gujarat.*Corresponding Author Biotechnology Department, Bhagwan Mahavir College of Science and Technology, New City Light Road, Vesu- Bharthana, Surat- 395017,Gujarat.

(ABSTRACT) (rice heafy vegetables (GLV) are recognized worldwide as rich source of natioxidants. They are usually consumed in India after cooking Cooking may have an effect on the antioxidant content (FFC), 2.2 dipheral-1-phys-1-physhed to evaluate the effect of cooking on the total phenolic content (FFC), 10 and flavoroid content (FFC), 2.2 dipheral-1-phys-1-physhed (DPPH) free radical severenging assay and total antioxidant capacity (FAC) of some gene held's vegetables commonly consumed in India like Amazanthus viridas L., Raphamis survivas L., Chempopolium album and Spinassi otherace L. ToC of the raw vegetables used for the tradition as found to be higher than that of the cooked. However, TPC, TTC TeO IPPH for called assay was found to be more in the cooked varieties with

KEYWORDS :Green leafy vegetables, total phenolic content, total flavonoid content, DPPH free radical assay and to

NTRODUCTION

Green learly vegetables (GIA's) are considered as an essential part of the diet to meet the daily nutrient requirements. These are becoming more popular for the masses day by day due to the increased awareness of consumers about nutrial and organic foods. These possess a high place in the food pyramid and are an essential part of a balanced diet (Randhawa 2015). Green vegetables contain a wide variety of physichemicals impact the contains a wide variety of physichemicals impact the contains a wide contains a wide and and Mazza. 2009.

Most of the phytochemicals from plant extracts, fruits and green vegetables have been identified to exhibit antioxidant activities. Natural antioxidants have a diversity of biochemical activities, some of which include the inhibition of reactive oxygon species (ROS) of intracellular redox potential (FinkelHolbrook, 2000). In order to prevent or moderate oxidation-related diseases, it is necessary to sequence and climinate free radicals from the body (Hait-Darshan et al. 2009). Antioxidant may offer some resistance to oxidative where by scavenging free radicals, inhibiting cell membrane damage, and disease (Fig. 1 at 2011). GLVs have different antioxidative stores vitamin C, Vitamin E, Carotenes, Lycopenes, Polyphenols and other phytochemicals (Prior and Cao, 2000). Much of the total antioxidant activity of fluits and vegetables is related to their phenolec content of the content of the content of the content of the content protect from the content of the content of the content protect from the content of the content of the content protect of the content of the content of the content protect of the content of the content protect of the content of the content of the content protect prote

MATERIALS AND METHODS

Fresn vegetable samples of Amaranthas viriats, Raphanus sativic Chenopodium album and Spinacia oleracea were purchased fro local vegetables market of Surat in the month of December-Januar Vegetables were botanically identified with the help of local flora an authenticated by experts.

Sample preparation:

Fresh green leafy vegetables were rinsed in water, dried on paper towel and the edible portions were separated from the incluble portion. The edible portions were chopped into almost equal small pieces or slices, mixed well and a portion (40 g) of the chopped vegetables was cooked

ortion was not cooked. Fresh and cooked samples of the green leafy gegtables were then blended, centrifuged and filtered. The filtrates ere stored in the refrigerator for subsequent analysis (Adefegha and bob. 2011)

Determination of total phenol conte

17C. were determined by the Fount-Loscalten method (J. Lactiman et al., 1998) with some modifications. The diluted aspaces solution of a al., 1998 to the social content (19 5 m) was mixed with Folin Clocalter reagent (12 X. D. 22 m)). This mixture was allowed to stand at room temperature (n5 5 min and then sodium carbonate solution (75 gr) in water, 27 m) was added. After 2 hours of incubation, the absorbance was measured at 3760 nm against water blank. A standard calibration curve was plotted using Galile acid.

Determination of total flavonoid content

FC were estimated by Aluminium trichloride colorimetric method Arouet-Grande ta, 1994). A dilutale methanolis solution (2 m) of ach fruir extract was mixed with a solution (2 m) of Aluminium richloride (AICL), in methanol (2%). The absorbance was read at 415 m after 10 min against a blank sample consisting of a methanol (2 m) and with AICL. A standard calibration curve was plotted using bacrectin.

Determination of DPPH free radical scavenging assay

The DPPH antioxidant assay was determined as described by Shinnada et al. (1992). Briefly 0, 5 mf of DPPH Indical solution was mixed with an extract of 2 ml. An equal volume of ethanol was added in the control ess. The mixture was shaken vigorously and allowed to stand at room extract the control ess. The mixture was shaken vigorously and allowed to stand at room with a UV spectroplotometer. The percentage of scavenging of DPPH was the calculated in the following way:

DPPH scavenging effect (%) = [1 (Test sample absorbance/blant sample absorbance)1 ×100(%)

Determination of total antioxidant capacity (TAC)

The total audioscidinf capacity of the infetantic vitrard was evaluated by the phosphonolybodienum method according to the procedure depended by Prieto et al. (1999). O 2 ml extruct was combined with 2 d method according to the sodium phosphate and 4 ml ammonium molybdate). The absorbance of the reaction mixture was measured at 695 mn sizing sepectrophosime ragainst blank and a mld after incubation in a 195 m for place of the reaction before the procedure of the procedure of the procedure of the procedure and a sizing sepectrophosime ragainst blank after incubation in at 195 m for 90 minutes and cooling to room bank after incubation in at 195 m for 90 minutes and cooling to room bank after incubation in at 195 m for 90 minutes and cooling to room bank after incubation in a 195 m for 90 minutes and cooling to room bank after incubation in a 195 m for 90 minutes and cooling to room bank after incubation in a 195 m for 90 minutes and cooling to room bank after incubation in a 195 m for 90 minutes and cooling to room bank after incubation in a 195 m for 90 minutes and 195 m for 90 m

The results of the all these study were presented as the mean of three determinations along with standard deviation. Statistical analysis was done using MS Excel software (CORREL Statistical function).

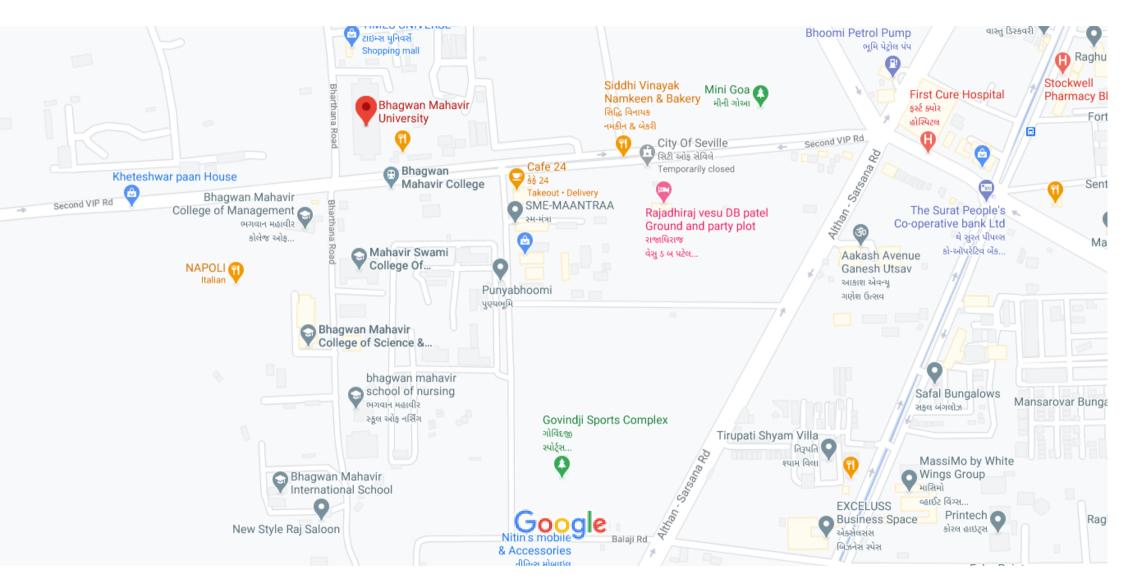
RESULTS AND DISCUSSION

INDIAN JOURNAL OF APPLIED RESEARCH 1





Bhagwan Mahavir University



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